

Popcorn

Popcorn, ready to pop

Oil, if needed

Butter, if desired

1 cup of popping corn will make 5 to 8 cups of popped corn.

There are four ways to cook popcorn:

1. Fireplace: Use a wire popper over the fire. Put in a small amount at a time. Shake popper constantly, near, but not on, fire until the corn has popped.
2. Frying pan: Use 2 tablespoons oil in pan; add 1/4 to 1/2 cup corn, depending upon size of the pan. Cover the pan and shake over low heat until the corn is popped.
3. Electric popper
4. Hot air popper: No oil is needed

Food in Kansas

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